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Welcome

As the leaves begin to turn and we embrace Autumn, I'm delighted to share with you our latest edition of CarefoundLife.

You'll see that there's been all sorts going on across our local branches over recent months, and I hope you enjoy reading about how our care professionals have been making a difference and what our teams have been doing to support our local communities.

I'm particularly proud to share that we have been honoured with the Princess Royal Training Award by HRH The Princess Royal for the success of our care professional pathway. We're committed to giving our care professionals the best training and support that empowers them to provide outstanding care to our clients at home, so it's fantastic that Carefound Home Care has received this royal recognition!

As ever, our local teams are here to support you as best we can, so whether you're a client, a family member, a colleague, or considering care for yourself or a loved one, please don't hesitate to get in touch.

Oliver Stirk
Managing Director

Carefound
Home Care





Carefound Home Care honoured with Princess Royal Training Award

We have been recognised with the prestigious award for our care professional pathway.

Coinciding with HRH The Princess Royal's 75th birthday, the 10th year of the awards saw 57 organisations across the country honoured, with major brands spanning healthcare, hospitality, education, construction, and charities.

The Princess Royal Training Awards, run by City & Guilds, celebrate employers who show outstanding commitment to learning and development and demonstrate how their training has positively impacted the business and their people.

Carefound Home Care's care professional pathway was launched in 2023 and is a structured 6-month programme designed to ensure care professionals are competent and confident in their roles, so that they can make a genuine difference to their clients' lives.

The initiative has helped the organisation reduce hospital admissions by **14%**, grow care hours by **27%**, and achieve staff satisfaction rates of over **95%**.

Oliver Stirk, Managing Director of Carefound Home Care, said:

"We're thrilled to receive the Princess Royal Training Award which highlights the success of our care professional pathway and how we ensure our care professionals are empowered to provide outstanding care to older people at home."

"A huge thank you to our incredible team for their commitment to giving our staff the best training and support. It's fantastic to be recognised alongside major organisations such as Costa Coffee, Deloitte, JCB, and Nationwide."

The Princess Royal Training Awards are evidence-based, and there is a rigorous application process involving an online application, a virtual assessment from an assessor, and a recommendation from the assessor to HRH The Princess Royal.

Kirstie Donnelly MBE, Chief Executive of City & Guilds, said:

"For the last 10 years, the Princess Royal Training Awards have stood as a beacon of excellence in learning and development. We remain committed to expanding the reach of the Awards, engaging more organisations, and continuing to showcase best practice that drives success."

"This year's recipients have presented innovative approaches to challenges within their organisations which are highly representative of wider challenges within UK business and society, tackling problems including skills gaps and attracting quality applicants, and we look forward to celebrating with them in the Autumn."



PRINCESS ROYAL
TRAINING AWARD
2025

Annual review shows exceptional client satisfaction and reduced hospital admissions

We have recently released our 2025 annual review showcasing 100% client satisfaction and a 12% reduction in hospital admissions.

This was the latest edition of our annual review at Carefound Home Care which examines how our service is impacting on people's lives, what we are doing well, and how we can keep improving.

Since we published our previous review last spring, challenges for care services have grown as social care reform has been delayed and pressures from increased employment costs have come into force. Nevertheless, the desire amongst older people to remain at home and stay physically and mentally active has only increased.

At Carefound Home Care, we remain dedicated to improving the lives of our clients and their families by providing outstanding care and support in the comfort of their own homes, whatever their needs.

Highlights from our client health outcomes

We are delighted by the measurable difference our home care service has made to our clients, including fewer hospitalisations and improvements in their health and well-being.

Falls are the largest cause of emergency hospital admissions amongst older people. Our falls prevention strategy helped reduce client falls by **25%**, combining regular falls risk assessments

with interventions included in care plans, working with occupational therapists and other health professionals and providing advice on how to avoid falls or regain confidence, monthly falls huddles, and additional falls prevention training for our care professionals.

Spotting signs of deterioration in our clients using our digital soft sign checks also enabled us to treat infections quickly. **95%** of clients received antibiotics within 48 hours of an infection being identified, making them less likely to be admitted to hospital.

Medication safety remains a priority, with incidents dropping by **39%** over the past three years thanks to staff training and our electronic medication management system.

Our end-of-life care policy, developed with community health and palliative care practitioners, ensured that **65%** of clients who passed away were supported to do so in the comfort of their own home, rather than a clinical setting.

Overall, our proactive, highly personalised approach to home care, underpinned by digital technology and delivered by a team of trained and locally supported care professionals, drove a **12%** reduction in hospital admissions experienced by our clients, with only **7%** of clients readmitted to hospital within 28 days.



Feedback from our client surveys

Feedback from our clients and their families was exceptional. **100%** said they were satisfied with their care, **92%** said the service improved their quality of life, and **98%** would recommend Carefound Home Care.

Our investment in the training, competency and expertise of our care professionals stood out with **94%** of clients saying their care professionals were well trained.

The personalised nature of our service also stood out with **98%** of clients saying they felt comfortable and safe with their care professionals, **96%** agreeing that their care professional was well matched to their needs, and **92%** saying they were happy with the number of care professionals they see.

90% of clients also said their local care management team is helpful, showing the importance of our locally managed service.

Feedback from our staff surveys

We are committed to providing our care professionals with outstanding support and empowering them to make a genuine difference to our clients' daily lives.

An impressive **90%** of staff said they are satisfied with their job, **94%** are proud to work for Carefound Home Care, and **90%** understand why we're different from other care companies.

95% of staff felt well trained, demonstrating the impact of our care professional pathway and helping staff to progress their careers

The support our local care management teams provide was recognised with **94%** of staff saying management are approachable and treat them with respect, and **92%** saying there is a good level of communication across our team.

91% of care professionals also said they are given appropriate information about their client, and **95%** feel they are given enough time to deliver care. This shows that our technology and local teams help our staff feel better informed about their clients and supported to make a genuine difference to their lives.

Oliver Stirk, Managing Director of Carefound Home Care, said:

"I am incredibly proud to share our 2025 annual review, which highlights exceptional client satisfaction and fewer hospitalisations for older people who use our home care services."

"It also shows how our culture of excellence and investment in training and support helps our care professionals feel empowered and proud to make a difference."

"In contrast to challenges currently facing the wider home care industry, I wish to congratulate our local teams whose unwavering commitment to providing outstanding care and support continues to help more older people enjoy a better quality of life at home."



Carefound Heroes flip for fun at Macclesfield Pancake Race

At Carefound Home Care, we're all about community, compassion, and a little bit of fun. That's why our Wilmslow branch was thrilled to take part in the Macclesfield Pancake Race, hosted by East Cheshire NHS Charity. The event saw plenty of pancake-flipping action. And while we didn't make it past the first round, our team of Carefound Heroes gave it their all.

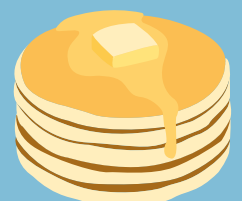
We were proud to support such a meaningful event, which raised over £900 for East Cheshire NHS Charity which works tirelessly to improve patient care, fund essential equipment, and make a real

difference to the lives of those who need it most.

Hayley Gill, Registered Branch Manager in Wilmslow, said:

"Taking part in the Pancake Race is always great fun! This is the second year the Wilmslow team has taken part, and we are already planning our costumes for next year."

"A huge thank you to East Cheshire NHS Charity for organising such a fantastic event, and to everyone who supported us along the way and came to cheer us on from the sidelines."



Ladies Day event raises over £2,500 for Supporting Older People

Carefound Home Care proudly sponsored Supporting Older People's 'day at the races' event held at Hotel du Vin in Harrogate.

Cheltenham Festival came to Harrogate on 12th March with over 50 people enjoying a Ladies Day event at Hotel du Vin in aid of local charity, Supporting Older People.

The afternoon brought together supporters and volunteers, who watched all the action from the races over drinks and lunch. There were sweepstakes, judging for the best hats, and a raffle with the lucky winners taking home some fantastic prizes.

Carefound Home Care in Harrogate were delighted to sponsor the event which raised an amazing £2,512 for Supporting Older People.

Julia Lightfoot, Befriending & Activities Manager at Supporting Older People, shared her gratitude:

"Many thanks to Carefound Home Care, the principal sponsor of Supporting Older Peoples' Ladies Day at the Hotel du Vin, for helping to raise the fabulous sum of over £2,500."

"We had a wonderful turnout with everyone enjoying a glass of wine on arrival, a two-course meal, cake made by a member of Supporting Older People, sweepstake and a raffle."

"We are delighted with our relationship with Carefound Home Care and thank them for their support and contribution."



A cracking Easter celebration

We delivered over 260 Easter eggs to our wonderful clients and care professionals across our home care branches.

This Easter our local teams in Harrogate, West Bridgford, Wilmslow and York went the extra mile by delivering Easter eggs to their clients and care professionals, adding a little extra joy to their day.

Each branch also hosted Easter-themed staff meetings with fun games, craft activities and even a visit from the Easter Bunny – a lovely chance to come together, have a laugh and enjoy some treats.

We were proud to support our communities too, including helping Supporting Older People in Harrogate deliver Easter eggs and daffodils to local

residents, letting them know they're remembered and cared for.

Some of the lovely comments from our clients receiving their Easter eggs included:

"Thank you very much for my Easter egg, it was very thoughtful of you."

"Thank you and every year I get a special one."

"Thank you, I love chocolate."



Wilmslow community Easter lunch a hopping success

Our Wilmslow branch welcomed over 30 guests to an Easter celebration at The Guild community centre in Wilmslow. The complimentary event took place on Wednesday, 16th April and was aimed at bringing together local older people, their families, and the wider community.

Those who attended were treated to live music and a beautiful spread of food, with cakes baked by local volunteers. There were also themed activities including an Easter quiz with hampers for the winners, creative crafting, a lively tombola, and a fun 'egg shy' game with chocolate prizes.



Sarah Vickers, Recruitment & Community Manager in Wilmslow, said:

“It was lovely to see so many local community members come along and celebrate Easter, as well as our own clients.”

“We made sure it was inclusive for all abilities to take part in the activities and a relaxing environment.”

“Thank you to everybody who helped, especially the local volunteers who baked cakes and assisted those attending on the day.”

Ripley Show 2025

Our Harrogate branch had a fantastic time at the Ripley Show in August, chatting with visitors about our hourly home care and live-in care services.

Connecting with our community at the 2025 Cop Carnival

Our York branch had a great time connecting with the local community at this year's Cop Carnival!

The event was a wonderful opportunity to meet so many friendly faces, share what we do, and chat with people about how our hourly home care and live-in care services can support families in the York area.



Carer's calendar raises over £2,000 for the MND Association

Our Wilmslow branch and their client, Judy Hill, have raised over £2,000 to support people living with Motor Neurone Disease (MND) and those who care for them.

Judy is living with motor neurone disease and receives live-in care from Carefound Home Care to help her live safely at home in Mottram St Andrew. Together with her dedicated care professionals, Yvonne and Massey, Judy brought a heartfelt idea to life to raise money for the MND Association, a calendar celebrating her passion for cooking.

Drawing on a lifelong love of baking, Judy selected twelve cherished recipes, some dating back as far as 1904 from her original family recipe books. Each recipe became a feature of the calendar, which was designed and produced with Sarah Vickers, Recruitment & Community Manager at Carefound Home Care Wilmslow.

Supporters could get a copy of the calendar by donating to the MND Association through Judy's JustGiving page.

Judy expressed her excitement about the project, stating:

"It has been great fun creating the calendars and deciding on the recipes. Watching the money increase each day on our JustGiving page was exciting, as it's such a great cause to raise money for."

"There have been many compliments from those who bought the calendars, saying how lovely our recipes were, making it even more worthwhile."

To date, over 400 calendars have been sold and distributed across the UK raising a total of £2,227 including gift aid.

Julia Beales, Community Fundraising Product Manager at the MND Association, said:

"We are so grateful to Judy and the team at Carefound Home Care for helping to raise awareness of MND and vital funds through the sale of their calendar."

"To raise £2,000 is an incredible achievement. Every donation helps us to improve care and support for people living with MND and their families while also funding important research which gives us all the greatest hope for the future."



Celebrating Mental Health Awareness Week

Our teams across Carefound Home Care came together in support of Mental Health Awareness Week, proudly taking part in Wear It Green Day and a Walk and Talk Hour.



VE Day tea dance raises over £300 for Rushcliffe dementia charity

Our local team hosted over 80 people for a VE Day 80th Anniversary tea dance at Lutterell Hall in West Bridgford in aid of Rushcliffe Dementia Action Network (RDAN).

The event marked 80 years since the end of the Second World War and provided an opportunity for the local community to come together in commemoration. Guests enjoyed live entertainment from the Lily Belles, a VE Day-themed quiz, a raffle, and traditional afternoon tea with homemade cakes.

Gwynneth Owen, Trustee at RDAN, said:

“The VE Celebration Day was indeed a celebration, not only recognising a momentous day in history but also celebrating that life can be lived well with dementia.”

“The afternoon of music, dancing and chatting over cups of tea and cake, was so joyful. And of course, as a network, we are delighted that so much money was raised.”

“We’re very grateful for all the hard work and generosity from the Carefound Home Care West Bridgford team and RDAN volunteers at making this such a success.”

“Receiving the funds will help us continue the important work of running some of our projects across Rushcliffe and supporting people to live well with dementia.”



Celebrating VE Day with the local community in Handforth

Our Wilmslow branch had the pleasure of attending a wonderful VE Day event at the Handforth Community & Youth Centre, organised by The NAAFI BREAK C.I.C.

The day was a fantastic opportunity to connect with our local community and honour an important part of our shared history. Our team set up a colourful stall featuring homemade cupcakes, and a fun hamper competition.



Over £400 raised for Cancer Research UK

Our West Bridgford branch completed the Race for Life Nottingham 10K raising £430 for Cancer Research UK.

The event, held on 15th June 2025 at Victoria Embankment, Nottingham, brought together participants from across the region to walk, jog, or run in honour of those affected by cancer. Carefound Home Care's West Bridgford team joined hundreds of others to take on the 10K challenge, with supporters able to donate to Cancer Research UK through their fundraising page.

Race for Life is one of the UK's largest and most well-loved charity events, raising millions of pounds each year to fund groundbreaking cancer research. Every donation helps support vital work in early diagnosis, treatment development, and prevention.

Jade Farnsworth, Registered Branch Manager in West Bridgford, said:

"We've been overwhelmed by the support and donations received for our Race for Life 10k run."

"It was a fantastic atmosphere on the day, and the run was made easier by the fact that we were supporting such an important cause."

"Thank you everybody who supported and donated. Your generosity makes a real difference in the fight against cancer."



And our PLATO award goes to... Maria & Barbara

Congratulations to Maria & Barbara on being the latest winner of our prestigious PLATO award.

Maria Brown and Barbara Tanyanyiwa are live-in care professionals at Carefound Home Care York, supporting their client, Michael Hetheron, in Malton.

Michael, who lives with complex dementia, began receiving live-in care after a serious road traffic accident. Working closely with physiotherapists and other health professionals, Maria and Barbara have helped him rehabilitate and get back on his feet. He's now back on his bike, reconnecting with friends, and even running 5k parkruns.

In recognition, they won Carefound Home Care's PLATO award, where staff vote for colleagues who demonstrate the company values – Personalised, Local, Accountable, Together and Outstanding. Winners receive £100 in gift vouchers.

Lorna Miles, Registered Branch Manager in York, said:

"It is a privilege to work alongside Maria and Barbara as they help ensure Michael is contented, and able to once again enjoy the activities and adventures that have always been a big part of his life."

"The care, compassion and dedication they show as live-in care professionals has helped Michael return home from hospital early and has been life-changing in terms of his recovery."

"We are very proud of Maria and Barbara at Carefound Home Care York and are delighted that they have received this recognition from their colleagues."





Carefound Home Care follow Lionesses' lead for Alzheimer's Society

Our Wilmslow branch has raised £1,000 for Alzheimer's Society with their charity football match at Macclesfield FC.

The event, named Kick4Alzheimer's, saw a friendly but competitive game between a team of care professionals and Macclesfield Ladies First Team, held on Sunday, 20th July at the Leasing.com Stadium in Macclesfield.

Around 100 people attended the match, including supporters from the local community and Carefound Home Care clients and their families. The Deputy Mayor of Macclesfield, Cllr James Barber-Chadwick, was also in attendance to show his support.

Alongside the football, guests enjoyed food, drinks, and a fantastic raffle with prizes generously donated by The Rex Wilmslow, Hickory's Smokehouse, Champneys, Avro Golf Club, Storm Brewing, Macclesfield FC and Lancashire Cricket Club.

Tickets were available by donating a minimum of £5 to Alzheimer's Society and so far over £1,000 has been raised on Carefound Home Care's JustGiving page.

The event followed on from last year's successful Kick4Parkinson's match and continues Carefound Home Care's commitment to supporting charities linked to the health and well-being of older people.

Sarah Vickers, Recruitment & Community Manager in Wilmslow, said:

"This was another brilliant football event, raising a generous amount for Alzheimer's Society. It was also great to get to play against Macclesfield Ladies, who created a fun and welcoming atmosphere for the match."

"A heartfelt thank you to everybody who donated and to those who contributed raffle prizes, your support made a real difference."

Jess Mackenzie, Regional Fundraiser for Alzheimer's Society in Cheshire, said:

"We are so grateful that Sarah has raised the money that she has at her Kick4Alzheimer's event for us. Each hour people generously give to fundraise for us, every event they take part in, every pound they donate, they're making a life-changing difference to people living with dementia."

"Alzheimer's Society provides vital support to people living with dementia, funds groundbreaking research and campaigns to make dementia the priority it should be. Together, we will end the devastation caused by dementia. There are around a million people living with dementia in the UK. But we simply can't reach everyone without the continued support of our incredible fundraisers like Sarah."

Carefound Home Care named as a Top 20 Home Care Group in the UK for 2025

We're extremely proud to share that Carefound Home Care has been recognised as one of the Top 20 Home Care Groups in the UK by the leading home care reviews website, homecare.co.uk. This is the fourth year in a row that Carefound Home Care has won this award.



This award ranks providers based on reviews received from people receiving home care, plus their friends and relatives. Carefound Home Care is one of the top 20 out of 966 home care groups in the UK.

Commenting on the award Oliver Stirk, Managing Director at Carefound Home Care, said:

“We are delighted that Carefound Home Care has been named as a Top 20 home care group in the UK for the fourth year in a row. This award is based on actual feedback from our clients and their families, so it means a huge amount to us.”

“Our care professionals and care management teams across our local branches work tirelessly to make a difference to the lives of those we support, and we're very proud to see them recognised with this award.”

The UK's population is ageing and according to the ONS the number of people aged 65 or over will increase from 12.7 million today to 22.1 million by 2072, making services like homecare.co.uk a vital tool for helping families find home care for their loved ones.

Special staff mentions



Chantal Wigham

We would like to recognise Chantal Wigham from our Harrogate hourly team for consistently demonstrating our values and working in a person-centred way. Chantal created a beautiful, crocheted blanket with one of our clients, who has enjoyed contributing squares and watching her assemble it.

In another wonderful example, Chantal learned to play a sentimental piano piece mentioned by a client and performed it for them, bringing back special memories.

These moments highlight how Chantal goes above and beyond, showing true dedication to her role as a care professional.

Lilly Fragakis

Lilly from our Harrogate hourly team has also shown great examples of our PLATO values in action. She's been helping a new client learn Greek by buying them a book and supporting their language practice, which has positively impacted on her client's well-being and reduced isolation.

Lilly also goes above and beyond by planning balanced meal plans, preparing shopping lists, and cooking or baking for her clients during visits.

Her dedication is making a real difference.

Taking on the Nidderdale Walk for HADCA

On Sunday 18th May, a group of dedicated team members from our Harrogate branch laced up their walking boots and took on the 15-mile Nidderdale Walk – all in support of Harrogate and District Community Action (HADCA).

After successfully completing the 8-mile route last year and raising £340, the team set their sights higher in 2025. This time, they doubled down on their challenge – and thanks to incredible support from friends, family, and colleagues, they raised a fantastic £390 for HADCA.

HADCA plays a vital role in the local community by supporting local charities, providing specialist advice, championing volunteer work, and promoting partnerships that make a real difference across Harrogate and the surrounding areas.



Caring for our community...and the planet





At Carefound Home Care, we believe that every small action can make a big difference – not just in the lives of those we support, but for the world we all share.

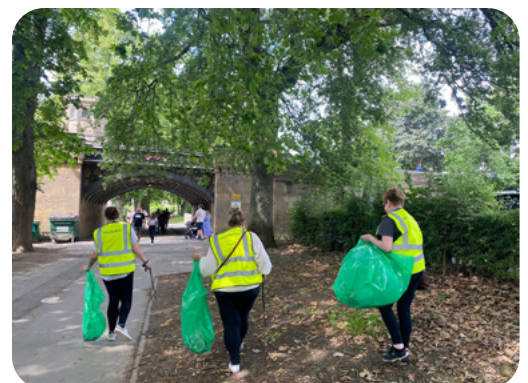
As part of our ongoing commitment to sustainability, we've been encouraging both clients and care professionals to recycle wherever possible. But on Friday 25th July, our York branch took things a step further by organising a community litter pick – and it was a brilliant success!

The event brought together a wonderful mix of people including care professionals, office team members, clients, and their families, all working side by side to help keep our local area clean and green.

Are you doing your bit?

Recycling is simple and impactful. Here are some quick tips to help you get started:

-  **Separate paper, plastics, glass, and metals**
-  **Rinse containers before recycling**
-  **Refuse plastic straws, opt for reusable metal / glass straws, or simply drink without a straw**
-  **Use reusable bags and bottles to reduce waste**



Shining a light on staff progression

We're passionate about supporting our team to grow and succeed through our structured career pathway. Whether it's achieving a qualification in health and social care or completing specialist training, we're proud to recognise the hard work and dedication of our care professionals who have recently achieved new milestones.



Florence Nderi
Adult Care Worker
Level 2



Molly Pearson
Adult Care Worker
Level 2



Gladys Ndangoh
Lead Adult Care
Worker Level 3



Charlotte Cockings
Lead Adult Care
Worker Level 3



Karen Crampton
Lead Adult Care
Worker Level 3



Dawn Hodges
Lead Adult Care
Worker Level 3



Massomeh Garshasebi
Lead Adult Care
Worker Level 3



Talia Murphy
Lead Adult Care
Worker Level 3



Laura Hill
Leader in Adult
Care Level 5

Workversarys

We're very proud to congratulate our amazing colleagues who have recently achieved their Carefound Home Care 'workversarys'.



Massomeh Garshasebi and Yvonne Fletcher
Live-in care team, 5 years



Jacqueline Mitchell
Live-in care team, 5 years



Health tips



Spotting and preventing urinary tract infections (UTIs)

A UTI is an infection in any part of the urinary system, including the bladder, kidneys, or urethra. They can cause discomfort and, if untreated, lead to more serious health problems.

UTIs are common, especially among older adults and those receiving care. Knowing how to spot the symptoms early and take steps to reduce the risk can make all the difference.

Watch for symptoms like:

- ✗ Frequent, urgent need to pee
- ✗ Burning or pain when urinating
- ✗ Cloudy, dark, or strong-smelling urine
- ✗ Lower tummy pain
- ✗ Sudden confusion or behaviour changes

To reduce your risk:

- ✓ Drink plenty of fluids
- ✓ Empty your bladder regularly and fully
- ✓ Wipe front to back after the toilet
- ✓ Wear breathable cotton underwear
- ✓ Avoid harsh soaps near sensitive areas

If you notice symptoms, contact your GP or care professional promptly.



Get your free NHS winter vaccinations

Please note that all adults aged 65 and over and other eligible groups can now book your free winter NHS flu and COVID-19 vaccinations. It's best to get vaccinated as soon as you can ahead of the colder months.

How to get your flu vaccination:

- ✓ Contact your GP surgery
- ✓ Book a pharmacy appointment on the NHS App or online at www.nhs.uk/book-a-flu-vaccination
- ✓ Find a pharmacy at www.nhs.uk/flu-pharmacy

How to get your COVID-19 vaccination:

- ✓ Book on the NHS App or online at www.nhs.uk/get-vaccination
- ✓ Find a walk-in site at www.nhs.uk/covid-walk-in

You can arrange both of your NHS winter vaccinations for the same appointment by booking on the NHS App or online. If you can't get online, phone 119.

Activities

Autumn quiz

1. What season comes immediately before Autumn?
2. Which type of tree is famous for its colourful Autumn leaves?
3. Which fruit is traditionally harvested in the Autumn and often used in pies?
4. What is the name of the night celebrated at the end of October with costumes and trick-or-treating?
5. Which vegetable is commonly associated with Halloween?
6. What is the term for the time of year when many animals prepare for winter by storing food or hibernating?
7. Bonfire Night in the UK is celebrated on which date in November?
8. Which nut is commonly collected from oak trees in the Autumn?
9. What do we call the wind that often blows through Autumn, scattering leaves?
10. Which orange-red root vegetable is often used in soups and cakes during Autumn?
11. What festival celebrates the harvest in the UK and is often held in churches and schools?
12. Which month in the Northern Hemisphere is considered the start of Autumn?
13. Name a type of bird that often migrates south during Autumn.
14. What is the traditional Autumn drink made from pressed apples?
15. What is the name of the colourful seeds often found inside pumpkins?

Crossword

N	K	M	Q	P	V	K	K	J	Q	K	H	S	Y
O	H	F	H	T	C	H	A	R	V	E	S	T	A
R	Z	E	M	O	E	A	T	A	T	N	X	X	T
A	K	W	D	Q	E	P	A	V	O	M	V	W	C
E	D	N	G	G	U	D	E	B	S	H	I	C	R
S	A	T	I	M	E	R	A	C	Y	L	M	M	A
R	X	A	P	E	I	R	A	C	I	T	R	S	N
E	G	K	H	F	M	R	O	G	O	G	L	M	B
K	I	D	N	T	F	Z	H	W	X	R	G	P	E
N	Q	O	Q	C	B	T	I	C	Z	Y	N	G	R
O	B	S	E	V	A	E	L	T	O	T	G	S	R
C	I	A	F	H	N	I	H	K	T	J	S	J	I
B	L	E	R	R	I	U	Q	S	A	T	V	U	E
F	E	W	V	J	C	H	I	L	L	P	M	T	S

- | | |
|-------------|---------|
| TWILIGHT | PUMPKIN |
| CRANBERRIES | HARVEST |
| SQUIRREL | ACORNS |
| HEDGEROW | LEAVES |
| CONKERS | SCARF |
| BONFIRE | CHILL |

Answers: 1. Summer, 2. Maple, 3. Apples, 4. Halloween, 5. Pumpkin, 6. Autumn/fall preparation or hibernation, 7. 5th November, 8. Acorn, 9. Gale or Autumn wind, 10. Carrot, 11. Harvest Festival, 12. September, 13. Swallow, 14. Cider, 15. Pumpkin seeds